Manager’s Mentions

It’s November already? The school year is well underway, students and parents are settled into a routine, and most everyone is looking forward to and preparing for the holiday season. Other than indulging on homemade desserts and stuffed turkey, this November there is much more to be done.

1.) Remember to “fall back” on November 4th at 2:00 a.m. Set your clocks back 1 hour so that you will be on time to work and school.

2.) Get Out To Vote! If you are of voting age, at this point you should be registered to vote. Know your voting place, have your registration card and i.d. ready and cast your vote on Tuesday, November 6th. “A voteless people, is a helpless people”~Dr. M.L. King, Jr.

3.) Stop Teen Dating Violence...Bullying and other forms of violence amongst teens is on the rise. Mark your calendar to participate with the Columbus State Community College (CSCC) Upward Bound Program, November 10th, 12:30 to 3:00 p.m. At this mandatory cultural activity, an in depth discussion and workshop will address this very serious topic. Contact Mr. Pfeiffer for more information and to sign up, 614-292-3724, Pfeiffer92@osu.edu or on Facebook.

4.) Saturday Academy, Nov. 17th. See inside cover for details about the once-monthly Saturday Academy sessions. Parents and students, these are mandatory for ALL UB students. You attendance is expected!

5.) THANKSGIVING, Thursday, Nov. 22, 2012. As we approach the end of 2012, think about all of the things you are thankful for. Remember to give the roses while their fragrance can still be enjoyed!

Happy Thanksgiving!

~Ms. Stewart

You Did It Again!!! The OSU Office of Diversity & Inclusion partnered again this year with the Gates Millennium Scholars Program, Hispanic Scholarship Fund, Fisher College of Business and other organizations to host an enjoyable and informative Bridge Builders Forum on Saturday, October 27, 2012. Students and parents from the Upward Bound Program attended this event for the second consecutive year. Marchem Pfeiffer, Academic Counselor, remarks “The forum provided students and parents from across the state the opportunity to learn more about financial aid, admissions, and campus culture. There were a large number of college representatives who provided valuable information about the programs that are on their campuses. I was also impressed by the enthusiasm of the key note Dr. Juan Andrade Jr. who spoke of the value of education. Overall the experience to me was very beneficial to the students who attended.” We look forward to participating again next year!
Saturday Academy

Saturday Academy is hot, Hot, HOT!!! If you did not attend the October session, you missed out! The workshops are new and different: Freshmen Transition (9th), OGT Prep (10th), Career & College Exploration (11th), and College Writing (12th). Your attendance is not only mandatory, but it is vital to your success in the UB program and will help you reach your academic goals. Next session is November 17th, 8:30 to 1:00 p.m., at the Journalism Building. A breakfast snack and lunch are always provided. For building location and campus map, visit the UB webpage. Contact our office with any questions, 614-292-2344. See you on the 17th!

Just Who Was Henrietta Lacks? The Immortal Life of Henrietta Lacks has been on the common reading list for many colleges and universities, as well as the summer reading lists for several Columbus City Public Schools. The OSU Upward Bound Program was invited to attend the Otterbein University Minority Scholar Day on October 18th. Students toured the campus, ate lunch and engaged in conversations with Otterbein students, and enjoyed an welcome and admissions presentation from the Office of Diversity & Inclusion. A bonus for the day was attending the convocation where Rebecca Skloot, author of The Immortal Life of Henrietta Lacks, gave the keynote address. She discussed her life story and interest in Henrietta Lacks, she also took questions. At the conclusion of the day, the UB students participated in a lively discussion about the book, led by Otterbein University professors. This was an enjoyable and enriching experience for all! We were all left wondering—just who was Henrietta Lacks and hmmm, I wonder where my cells are?

The TRiO Upward Bound Program and ODI Young Scholars Program have partnered to bring an ACT Prep workshop to our program students! Juniors, the ACT Workshop meets every Tuesday, 6-8 p.m. in Denney Hall on OSU’s campus. The fall course will run October 16th through December 4th. Dr. Ihab Ismail, and Mr. Stefan Farrenkopf are teaching a curriculum that will prepare students to take the ACT exam, and helping students develop lifelong strategies and habits for study and test-taking. For more information, please contact the UB office.

ATTENTION: Upward Bound Parents & Students!! The Upward Bound Program has wonderful benefits and seeks to serve those who have a desire to go to college, a desire for learning, for building relationships, and for having new and engaging experiences. Does this describe you? If so, the academic year has already begun and will run through May. Have you fully committed yourself? Have you participated in an activity or meeting, attended Saturday Academy, made contact with a UB staff member, or visited the UB webpage or Facebook? If your answer was “no” to any or all of those questions, then it is time to recommit yourself. You can cannot benefit from the program if you do not put in the time and effort necessary. UB is a commitment. Preserve your spot in the program by getting active today!

Commitment: Com-mit-met (kuh-mit-muh nt) Noun. The act of committing, pledging, or engaging oneself. A pledge or promise; obligation. Engagement; involvement (dictionary.com)

FALL COLLEGE VISIT

On November 29th, 10th & 11th graders will have the chance to visit two awesome universities in the city of Cincinnati, Ohio—University of Cincinnati and Xavier University. This is a first-come, first-serve opportunity, so sign-up early. See Mr. Pfeiffer at your school for more information, or contact the UB office, 614-292-2344.
Introducing Mr. Marchem Pfeiffer
Academic Counselor

Mr. Pfeiffer came to the ODI TRiO Upward Bound Program on October 1, 2012. He is a recent graduate from the University of Akron, where he earned his Master’s of Arts degree in Higher Education Administration. Mr. Pfeiffer has served in the United States Air Force, and as a counselor and advisor for returning veterans and undergraduate students. He also has had experience in academic advising and multicultural program planning.

Mr. Pfeiffer is a family man, as a husband to wife Ashley; and father to their two-year old son, Dylan.

Words to Live By: “Every day I wake up and go on my journey knowing that in my effort I have succeeded and not failed.”

COUNSELOR’S CORNER

Setting goals is essential to your future success in everything that you do! Goals help us all to focus our interests into attainable realities. It takes hard work and dedication and these four simple steps:

1. Identify your goal (s)
2. Make a plan
3. Put your plan into action
4. Evaluate your plan (modify if necessary)

Goals can be small or big, and immediate or long term. In order to identify your goals would be to compile a list of likes, passions, and things you can see yourself doing in the long run. A small or immediate goal would be I want to improve my ACT score what are the steps needed in order to accomplish this? A big or long term goal would be to graduate from college and to get a job what do you have to do now in order to set yourself up to get the job you want in the future? Motivation and dedication along with a sense of worth and achievement will create an environment in your life that will be conducive to attaining these goals. The key is to build upon each goal and keep improving your outlook. Always take time to re-evaluate how well you are doing at your goals. Do you need to create a new goal or does your current goal need to be tweaked in order to account for where you are in your life? Barriers and distractions will come up in your life that will slow you down or redirect you, stay focused and always move forward towards reaching your goals.

SENIORS

Senior Meetings are your opportunity to focus on preparing for graduation, college admissions, choosing a major, the Bridge Program and MORE! Our first meeting will be held on November 29th, 3:30—5:00 p.m. at the Upward Bound Office, 281 West Lane Ave., 3rd Floor. (The building is across the street from our bus pick-up location). There will be a guest speaker and the topic will cover “College Admissions Preparation: The Next Step”. These meetings are mandatory, please contact Mr. Pfeiffer if you have to be late or excused. Review the handbook for the definition of excused and unexcused absences.

“Crystalize your goals. Make a plan for achieving them and set yourself a deadline. Then, with supreme confidence, determination and disregard for obstacles and other people’s criticisms, carry out your plan.” ~ Paul Meyer
Upcoming Test Dates

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Waivers: Check with your UB Staff to receive a testing fee waiver.

SAT Word Of The Day

Abate: (verb) To lessen in amount or intensity.
Ex. My enthusiasm abated for the home team after so many losses.

Important Dates

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DATES:

Nov 4  Daylight Savings Time, fall back @ 2am
Nov 6  Presidential Election: Get Out To Vote!
Nov 10 CSCC Workshop: Teen Dating Violence
Nov 12-14 TRiO Regional Conference—UB Office Closed
Nov 17 Saturday Academy
Nov 22 Thanksgiving Day
Nov 27 UC/Xavier College Visit (11th-12th Graders)
Nov 29 Senior Meeting

*Remember to meet Mr. Pfeiffer @ your high school weekly for information, updates, & Lunch N' Learn!