**Textbook Reading**

*The SQ3R Method*

Survey

- **Survey** the assigned chapter to determine your reading goals.
  - Look at the chapter title. What do you already know about this subject? Consider what the chapter may cover; read the chapter summary.
  - Preview the whole chapter. Read the headings and subheadings.
  - Divide long reading assignments into segments with breaks in between (i.e. read 10 pages at a time or read for 20 minutes at a time).

Use the chapter headings and subheadings to formulate **questions** for each section of the chapter.

  - Identify main ideas and related questions. For example, questions for the chapter heading “Depression” may include: What is depression? What are the consequences and symptoms of depression? How is depression treated?
  - If you are having difficulty formulating questions, focus on the questions who, what, when, where, and why.

Question

**Read** each section and search for answers to your formulated questions.

  - Try to gain a general understanding without getting bogged down with the details.
  - Circle or underline key words, phrases, definitions, names, and dates.
  - Jot down key points in the textbook margins or in your notebook.
  - Write down your own questions or ideas generated while reading.
  - Put a question mark next to any section you did not understand and need clarified by a Professor, TA, tutor, or friend.

After each section, recall the questions and **recite** the answers.

  - Summarize material out loud using your own words to express thoughts.
  - OR write a short summary of the section in your own words (2-3 sentences).
  - If you have a study partner, quiz each other.

Review

- **Review** going over all questions and answers from every section for review.
  - Reviewing immediately after reading, writing, or hearing a lecture triples the amount of information you are able to retain and may reduce study time by up to 90%.

*For additional study skills resources and program information, visit the ODI Tutoring Program website at [http://go.osu.edu/odi-tutor](http://go.osu.edu/odi-tutor).*