NATIONAL BLACK MALE RETREAT

March 22 - 24, 2019
Deer Creek State Park and Lodge Center

THE OHIO STATE UNIVERSITY
BELL NATIONAL RESOURCE CENTER
ON THE AFRICAN AMERICAN MALE
Dear Attendees of the National Black Male Retreat:

Warmest greetings and salutations! As the executive director for the Todd Anthony Bell National Resource Center on the African American Male, I welcome you with great enthusiasm to the 14th Annual National Black Male Retreat.

Speaking for everyone here at the Todd Anthony Bell National Resource Center, we are thrilled you have decided to join us at this year’s retreat. As you will notice in the program, we have a full weekend of outstanding speakers, presenters, and sessions designed to stir your intellect and recharge your commitment to excellence.

Black men are valuable assets and are capable of adding even greater value to their communities. The Todd Anthony Bell National Resource Center is truly dedicated to improving life outcomes for Black males and addressing the myriad of factors that frequently hamper their overall quality of life. With this in mind, the National Black Male Retreat is one of the Todd Anthony Bell National Resource Center’s signature events, conceived to enhance the personal growth, professional development, and leadership skills of Black male collegiate students at The Ohio State University and beyond.

My staff and I are committed to the success of Black males, so do not hesitate to reach out to us if you need any assistance. In closing, we hope you will leave this retreat with a new perspective, having gained important knowledge and insight from our speakers and your peers. What a special weekend that awaits you.

Thank you for attending this year’s retreat.

Respectfully,

James L. Moore III, PhD
Executive Director of the Todd Anthony Bell National Resource Center on the African American Male
Vice Provost for Diversity and Inclusion and Chief Diversity Officer
EHE Distinguished Professor of Urban Education
Welcome to the 14th Annual Black Male Retreat hosted by the Todd A. Bell National Resource Center on the African American Male (BNRC). Our team is especially grateful you made the journey to Mt. Sterling to join us this year. This convening serves as one of the premier events for Black males in the realm of higher education in the United States. Our retreats have been known for delivering world-class speakers, and this year’s meeting will be no different. The keynote speakers and presenters will focus on wellness, brotherhood, financial planning, fashion and preparation for life after graduation. You will find the agenda to be filled with knowledge and insights from some of the best around the nation.

One of the most important aspects of the retreat is the interactions and relationship building opportunities. Whether it is principles of leadership, approaching the job market, improving your finances, or how to present your best self, it is my hope you will enjoy every moment here. Your presence is a sign of your commitment to developing yourself and your willingness to engage others around the experiences of Black males. It is our goal that when you leave this gathering, you will have a renewed commitment to making positive contributions to the world.

The BNRC considers itself the nation’s premier resource for Black males. Its programming, research, and scholarship focus on addressing the needs of Black males throughout the lifespan. As you build upon old relationships and forge new ones, I hope the strategies and practices exchanged during the retreat will serve you in a positive fashion. In closing, I salute you for your many contributions to your campus communities and look forward to making your experience worthwhile.

Enjoy your time at Deer Creek.

Sincerely,

Andre’as M. Williams
Program Coordinator
Todd Anthony Bell National Resource Center
on the African American Male
AGENDA

BNRC 14TH ANNUAL NATIONAL BLACK MALE RETREAT
March 22-24, 2019
Deer Creek State Park and Lodge Center
22300 State Park Road 20 | Mt. Sterling, OH 43143

FRIDAY MARCH 22, 2019
3:00 p.m. - 6:00 p.m.  Hotel Check-in & Registration  Lobby
6:30 p.m. - 7:30 p.m.  Dinner  Mezzanine
7:45 p.m. - 9:30 p.m.  “Embracing the Ethos of Excellence”  White Oak
James Moore III, PhD
The Ohio State University

SATURDAY MARCH 23, 2019
7:30 a.m. - 8:45 am  Breakfast  Mezzanine
9:00 a.m. - 10:15 am  “Personal Finance 101”  White Oak
Kenny Pugh
Black Enterprise
10:30 a.m. - 11:30 am  “#SweatwithShelbs”  BBC
Shelby Bradford
OrangeTheory
12:00 p.m. - 1:15 p.m.  Lunch & Keynote  Mezzanine
“Racial Battle Fatigue”
William Smith, PhD
The University of Utah
1:30 p.m. - 2:45 p.m.  “Navigating Healthy Relationships”  Red/Chestnut
Ezekiel Peebles, LPCC-S
3:00 p.m. - 4:15 p.m.  “Communicating in Style: Brand, Style, and the Jetset Lifestyle”  BBC
Ronny Oppong
Global Retail Relations Director
Liberty Fashion & Lifestyle Fairs
4:15 p.m. - 6:30 p.m.  Free Time/ Snack Break  Ballroom Foyer
6:30 p.m. - 7:30 p.m.  Dinner & Keynote  Mezzanine
“Dealing with Imposter Syndrome”
Kevin Cokley, PhD
The University of Texas at Austin
AGENDA

SUNDAY MARCH 24, 2019
7:30 a.m. - 8:45 a.m.  Breakfast  Mezzanine

9:00 a.m. - 10:15 a.m.  “Leveraging Your Graduation School Application: SROP”  Red/Chestnut
Carolyn Morales
Director of Recruitment and Diversity Initiatives
The Ohio State University

10:30 a.m. - 11:45 a.m.  “Behind the Shield”  White Oak
Carla Eugene M.S., LPCC
The Ohio State University

12:00 p.m. - 1:00 p.m.  Departure  Ballroom Foyer
Boxed lunches will be served to go

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FEATURED SPEAKERS

Kevin Cokley, PhD holds the Oscar and Anne Mauzy Regents Professorship for Educational Research and Development in the College of Education at the University of Texas at Austin. He is a Fellow of the UT System Academy of Distinguished Teachers, Director of the Institute for Urban Policy Research & Analysis, and Professor of Educational Psychology and African and African Diaspora Studies.

Dr. Cokley’s research and teaching can be broadly categorized in the area of African American psychology, with a focus on racial and ethnic identity and understanding the psychological and environmental factors that impact African American students’ academic achievement.

James L. Moore III, PhD is the vice provost for Diversity and Inclusion and chief diversity officer at The Ohio State University while serving as the first executive director of the Todd Anthony Bell National Resource Center on the African American Male. Dr. Moore is also the inaugural Distinguished Professor of Urban Education in the College of Education and Human Ecology. His research agenda focuses on school counseling, gifted education, urban education, higher education, multicultural education/counseling, and STEM education.

Dr. Moore received his BA in English Education from Delaware State University and both his MAEd and PhD in Counselor Education from Virginia Polytechnic Institute and State University.
**FEATURED SPEAKERS**

**Carolyn Morales** serves as Director of Diversity and Recruitment initiatives within The Graduate School. She has 19 years of experience working to advance D&I practices and protocols within higher education, the nonprofit, and corporate sectors. Carolyn received a BA in English from Baylor University, an MA in International Management from SIT Graduate Institute, and an MA in Leadership and Change from Antioch University.

**William A. Smith, PhD** is professor and department chair in the department of Education, Culture & Society at the University of Utah. He also holds a joint appointment in the Ethnic Studies Program (African American Studies division) as a professor. He has served as the Associate Dean for Diversity, Access, & Equity in the College of Education (2007-2014) as well as a Special Assistant to the President at the University of Utah and its NCAA Faculty Athletics Representative (2007-2013).
Coach Shelby Bradford began her fitness journey as a member and participant. Shelby is a graduate of The Ohio State University (2014) and has a Master’s Degree from Marian University Indianapolis (2016). After losing over 40 pounds and gaining a new level of confidence, Shelby decided to pursue fitness as a career to share her passion with others and expand her knowledge of the industry. She is an ACE Certified Personal Trainer, TITLE Boxing Instructor, and Orangetheory Fitness Coach. Her training style is energetic and filled with laughs - to Coach Shelby, exercise should be fun and make you feel amazing. Shelby’s favorite quote is, “’Cause I’m a woman Phenomenally. Phenomenal woman, That’s me,” by Dr. Maya Angelou.

Carla Eugene serves as a Senior Staff Therapist and supervisor within Counseling and Consultation Service at The Ohio State University. She is also a therapist at a Christian counseling practice in Worthington, Ohio. Carla received a master’s degree in Community Counseling from Wright State University. She began her career providing case management and support services to African American women dually diagnosed with substance abuse and HIV concerns and developed programming to increase access to HIV counseling and testing. Within Carla’s career, she had served children, adolescents, and adults in community mental health agencies, K-12 schools, and private practice. Her professional interests include reducing mental health stigma amongst the African American community and other marginalized groups, women’s issues and empowerment, anxiety, depression, spirituality, grief and loss, relational concerns, and multiculturalism. Carla’s passion is to assist individuals in the process of navigating through life’s challenges and transitions, to develop a deeper sense of self and healing.

A graduate of The Ohio State University College of Education and Human Ecology, BS, Ronny Oppong studied Fashion Merchandising and Retail Studies. He was a member of the Ohio Union Activities Board (OUAB). Ronny previously served as President and was the National Chapter Liaison for the Ohio State Chapter of Black Retail Action Group (BRAG). Ronny helped mentor and cultivate
the skills of his counterparts and underclassmen, through his active involvement as an alumnus of the Buckeye Leadership Fellows Program (BLF), which builds unique transformative experiences for undergraduate students so they can achieve a competitive advantage in their post-graduate pursuits and remain deeply connected to the university.

Ezekiel Peebles is the Founder & Clinical Director and Licensed Professional Clinical Counselor Supervisor of Key Counseling & Consultation LLC, which is a private practice in Gahanna, Ohio. He specializes in psychotherapy that focuses on the wellness of the whole individual, not just sustaining mental/emotional health, but also managing their life and relationships.

Ezekiel has over 15 years of experience working in the mental health field assisting individuals, couples, families and groups in counseling and workshops. He received a Bachelor of Arts degree in Criminology from The Ohio State University and a Master's in Clinical Counseling from the University of Dayton.

Kenny Pugh is an award-winning, Certified Life Coach and Business Consultant. He leverages his expertise to help his clients build successful lives and businesses. He specializes in relationships, money, and business. He has assisted countless clients to realize their goals of starting businesses, improving their personal finances and creating healthier relationships. His specialized background has afforded him opportunities to appear on Headline News (HLN), write for BlackEnterprise.com, speak at The Potter’s House (Bishop T.D. Jakes) and be featured on a number of national radio broadcasts including the Tom Joyner Morning Show and NPR.

He graduated from The Ohio State University in 1997 with a degree in Industrial & Systems Engineering.
STAFF

Dr. James L. Moore III
Executive Director
Vice Provost for Diversity and Inclusion and Chief Diversity Officer

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Program Manager

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